

## KRESA Early Childhood Playgroups

# FEBRUARY 2025

Children 0-4 with their Caregivers. **All learners and play skills welcomed!** No RSVP is needed. Come when you can! Playgroups run September through June & close during school breaks.



### Developmental Focus: Social Emotional – Friendships & Feelings

MON	TUE	WED	THU	FRI
<b>3</b> <b>KRESA West Campus, Door 14</b> 10 - 11 a.m.	<b>4</b>	<b>5</b> <b>KRESA West Campus, Door 14</b> 10 - 11 a.m.	<b>6</b> <b>PUCC (Portage)</b> 10-11a.m. <b>WSL (Kalamazoo)</b> 10:30 a.m. - 12 p.m.	<b>7</b> <b>CELA (Comstock)</b> 10-11a.m.
<b>10</b> <b>KRESA West Campus, Door 14</b> 10 - 11 a.m.	<b>11</b>	<b>12</b> <b>KRESA West Campus, Door 14</b> 10 - 11 a.m.	<b>13</b> <b>PUCC (Portage)</b> 10-11a.m. <b>WSL (Kalamazoo)</b> 10:30 a.m. - 12 p.m.	<b>14</b> <b>CELA (Comstock)</b> 10-11a.m.
<b>17</b> <b>KRESA West Campus, Door 14</b> 10 - 11 a.m.	<b>18</b>	<b>19</b> <b>KRESA West Campus, Door 14</b> 10 - 11 a.m.	<b>20</b> <b>PUCC (Portage)</b> 10-11a.m. <b>WSL (Kalamazoo)</b> 10:30 a.m. - 12 p.m.	<b>21</b> <b>CELA (Comstock)</b> 10-11a.m.
<b>24</b> <b>KRESA West Campus, Door 14</b> 10 - 11 a.m.	<b>25</b>	<b>26</b> <b>KRESA West Campus, Door 14</b> 10 - 11 a.m.	<b>27</b> <b>No Playgroups</b> <b>Mid-Winter Break</b> (February 27-28)	<b>28</b> <b>No Playgroups</b> <b>Mid-Winter Break</b> (February 27-28)
<b>Playgroup Locations:</b> <b>KRESA West Campus, Door 14:</b> 4606 Croyden Ave, Kalamazoo <b>Oshtemo Township Park:</b> 7275 W.Main, Kalamazoo <b>Portage United Church of Christ (PUCC):</b> 2731 W. Milham Ave, Portage <b>Washington Square Library (WSL), lower level (Spanish speaking staff on site):</b> 1244 Portage St, Kalamazoo <b>Comstock Early Learning Academy (CELA):</b> 6171 East MN Ave, Kalamazoo				Join our KRESA Early Childhood Connections Facebook Group! 



**Questions?**  
Contact your Early On or Seeds for Success provider or call 269-250-9647

**KRESA Early Childhood Website:**  
[kresa.org/Page/1951](https://kresa.org/Page/1951)



# PLAYGROUP NORMS AND EXPECTATIONS

## **All Learners Welcome**

KRESA's mission is to support all families in Kalamazoo County to ensure children are nurtured in safe, inclusive environments. We recognize the importance of playgroups for all families and children, regardless of background or ability. All children benefit from opportunities to learn routines, social skills, communication, motor skills, and problem solving.

Children often enjoy the stimulation and experience of playgroups. Children may also struggle with too much stimulation, or with having to wait, share, or communicate with others. We want all families to know that this is okay. All learners are welcome. Children need to learn how to navigate conflict and self-regulation when they are upset. Playgroups help provide opportunities for that learning. Please talk with playgroup staff about materials at playgroup that may help with a child's need for self-regulation, such as headphones, visual schedules, or other sensory materials.

We ask that you welcome others during your time here. Be patient with your child as they navigate challenges in this space, and be patient while others are learning here too. Your children will be exposed to a variety of learners in their lives, and playgroups provide a great opportunity for them to learn to navigate others' differences.

## **Safety and Responsibility**

We ask that you monitor your child closely during playgroup and help step in if conflict occurs. Playgroup staff will also encourage & support positive interactions between children. Depending on attendance, it may be difficult for playgroup staff to attend to all instances of conflict or safety concern, so caregiver attention is necessary.

When free play ends and the group begins cleaning, please assist your child in taking care of toys and transitioning to the group area for songs and stories. It is normal for children to have varying levels of interest in songs and storytime. Encourage your child to participate in these activities as much as possible, however we understand that music may be overwhelming and sitting for the book may be understimulating. Encourage your child to stretch their comfort zone each week, perhaps sitting for the story or song a little longer each time.

Thank you for coming and we hope you and your children enjoy your time at our KRESA playgroups!